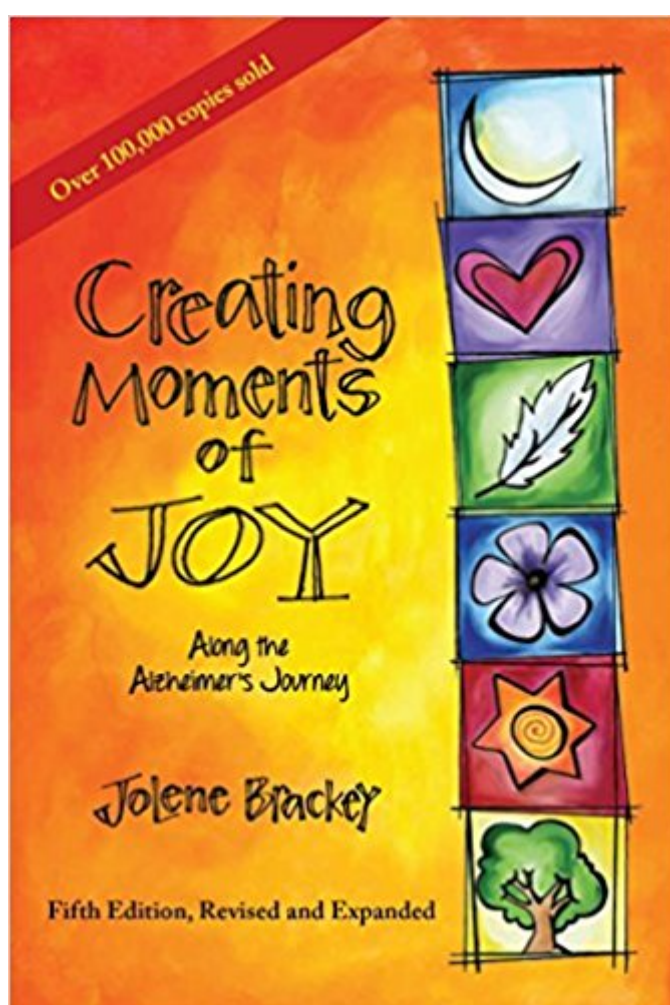


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# Creating Moments Of Joy Along The Alzheimer's Journey: A Guide For Families And Caregivers, Fifth Edition, Revised And Expanded



## Synopsis

The beloved best seller has been revised and expanded for the fifth edition. Jolene Brackey has a vision: that we will soon look beyond the challenges of Alzheimer's disease to focus more of our energies on creating moments of joy. When people have short-term memory loss, their lives are made up of moments. We are not able to create perfectly wonderful days for people with dementia or Alzheimer's, but we can create perfectly wonderful moments, moments that put a smile on their faces and a twinkle in their eyes. Five minutes later, they will not remember what we did or said, but the feeling that we left them with will linger. The new edition of *Creating Moments of Joy* is filled with more practical advice sprinkled with hope, encouragement, new stories, and generous helpings of humor. In this volume, Brackey reveals that our greatest teacher is having cared for and loved someone with Alzheimer's and that often what we have most to learn about is ourselves.

## Book Information

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## Customer Reviews

Jolene Brackey offers caregivers and families one practical suggestion after another, including ways to use the important details of a person's history, passions, and interests to empower loved ones to overcome daily struggles. (ANN KAISER STEARNS, PhD, best-selling author of *Living Through Personal Crisis* (2010) 2016-09-12) Alzheimer's disease wraps its tendrils around all those within the range of love of the person living with the disease. Jolene Brackey's *Creating Moments of Joy* shows us how dear healing moments can be experienced by all who are within the grasp of the disease. (PAUL RAIA, PhD, retired vice president of clinical services, Alzheimer's 2016-09-12)

have been working with older adults with dementia for over twenty-five years. Jolene brings a perspective that crosses both years and bridges. Whether the caregivers are family or professional, young or vintage, rookie or seasoned, she understands the struggles and creates a language to communicate with them all. (DEBORAH RICHMAN, BS, ACC, vice president of education and outreach, Alzheimer's Association Minnesota / North Dakota 2016-09-12) Jolene shows us how to lighten up and even find humor in the most highly charged situations. (KAREN AND KIM, co-founders of In Care of Dad 2016-09-12) This book is key for anyone looking to transform a hardship into a life-affirming experience for both the care recipient and the caregiver, ultimately making you a more effective caregiver as well as a happy one! (CARLYNE FOURNIER, producer of the short film Remember When 2016-09-12)

Jolene Brackey has shared her message of joy and inspiration with families and caregivers across North America for over twenty years. Now a sought after voice in the health care community, Brackey maintains an active speaking calendar that can be found at [www.enhancedmoments.com](http://www.enhancedmoments.com). Passing on all she has learned from her travels and from her work with families and loved ones, her passion is to change the way people see people with Alzheimer's and dementia.

Good resource and is an easy/quick read. I don't agree with everything in this book but is much better advice than I've seen in other books. As someone dealing with a family member suffering with dementia, I can tell you that there aren't many really useful tools out there. But this is one I recommend.

Beautiful book, wonderful stories. My uncle is in a memory care unit for dementia. Someone purchased a copy which is left near the door to the unit. Whenever I visited my uncle, I would read sections of this book and enjoyed it so much I purchased a copy for myself. I loved reading it, so I shared my enthusiasm by purchasing another copy for a good friend whose husband has Alzheimer's. We are both grateful for the loving suggestions and ideas of how to better accept and deal with these devastating illnesses. Great purchase!

The best Alzheimer's resource ever...hands down!!!! We've read several. It's an easy to read book too. Please read it if you have a loved one with this mean disease.

A very interesting and practical book. We will be giving it to all our friends who have to care for

Alzheimer's patients.

I'm sure this book is helpful to those with relatives in the late stages of Alzheimer's. I was hoping for something to help with a relative in early to mid-stage of the disease. I'll try it again if/when my relative's symptoms progress.

Must buy!! I work at a memory care assisted living and we base a lot of our programs on this book. I also give it out to all my families with a loved one with dementia.

It is a very helpful book. I've been using it to cope with my mom having Alzheimer's. I am very thankful for the books that people write with experience in this disease and handling family members with love and dignity.

quick delivery and Excellent book on Dementia/Alzheimers

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